



# Money Better. Together.

When love and money mix, things can get messy—fast. But it doesn't have to be that way.

This interactive, engaging six-week course will get couples laughing, talking and growing closer as they work through activities and a-ha moments designed to help them manage their money better, together.

**By the end of *Money Better*, couples will:**

- Understand the REAL source of money conflict (spoiler alert: it's not about the money).
- Feel less stressed and more confident about managing their money.
- Be equipped with a plan to become an unbeatable money team.

*Money Better* is the perfect opportunity to draw new young couples into your community and engage them with innovative resources and digital tools. They'll discover how to thrive in love and money, so that they can experience a more confident and generous future.

**PRESENTERS:**

- Love & Money by Thrivent™\*
- Mike Foster
- Shaunti Feldhahn
- Jon Acuff

**MATERIALS INCLUDED:**

- Access to Session Videos
- Participant Workbooks (one per person)
- Leader's Guide (one per group)

**SESSION STRUCTURE:**

- "Table Talk" questions (pre-session conversation starters for couples to use as others arrive)
- Facilitator welcome
- Ten-minute video teaching
- Two 15-minute activities (facilitator-led)
- Closing from the facilitator
- Homework (to be completed between sessions)

\*Thrivent is a not-for-profit membership organization that has been helping Christians make wise money decision for over 100 years. Thrivent's Love & Money resources help couples grow in confidence, contentment and generosity.

## SESSION DESCRIPTIONS

### **Session 1**

In this session, couples will set the stage for successfully managing their money together by exploring what matters most—to both of them.

### **Session 2**

In this session's teaching and activities, couples learn that money fights are rarely actually about money—and get a repeatable framework for stopping money tension and stress.

### **Session 3**

In this session, couples learn a method that clears out money chaos and simplifies everything down to one spendable balance.

### **Session 4**

In this session, couples learn how to maximize margin without falling into the trap of constantly chasing “more.”

### **Session 5**

In Session 5, couples will prepare for the only thing that's guaranteed: the unexpected.

### **Session 6**

The course wraps up with three strategies for lasting behavior change, plus the creation of a “Playbook” to keep couples on track in the future.

## FAQ:

### ***Can single people participate?***

Because there is such a strong focus on couples' relationship health and alignment, this course would not likely be relevant to people who are not in a committed relationship with shared (or soon-to-be-shared) finances.

### ***How is this different from Financial Peace University?***

This course can easily complement Financial Peace University. It takes into account and goes beyond the practical teaching of overall financial literacy, and considers the underlying factors beneath a couple's relationships with money and each other.

### ***Are financial products sold during this course?***

The focus of this course is on approaching finances as one unified team and creating financial space for the priorities that matter most. There are no financial products sold during this course.



brightpeak® is a division of Thrivent Financial for Lutherans,  
a membership organization of Christians founded more than a century ago,  
which is based in Appleton, WI 54919-0001.